

# Editorial

## The heartwarming story of a girl and her dog:

How pets can teach us priceless lessons and change our perspectives on life and love.

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A breakdown of how traditional and internet-based radio fares on SU's campus.

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## Insanity continues at SU

Students tough it out as they take on the weekly Insanity workout at Maggs gym.

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# THE FLYER

Salisbury University's student voice

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Online exclusives at [www.thesuflayer.com](http://www.thesuflayer.com)

# Freshmen retention rates continue to climb

BY MOLLY FELDMAN  
Staff Writer

First impressions are very important and incoming college freshmen want to have a great first impression of their new surroundings. A bad impression could easily sway a student from returning for their sophomore year.

Many colleges and universities create programs to help make the first year college experiences more enjoyable. Creating opportune social interactions and regular meetings with academic advisors really help to ease the transition.

According to a national survey by ACT, all survey respondents identified freshmen seminars, advising interventions and comprehensive learning assistance as just a few "campus retention practices that had the greatest impact on student retention."

Salisbury University President Janet Dudley-Eshbach, addressed the university's retention rates at her President's Office Hours held Tuesday, Sept. 18.

"Our retention rates are less than any other institutions," Dudley-Eshbach said.

SU's retention rates have increased since 2002. SU's entering fall freshman class of 2002 had a retention rate of 79.8 percent and in 2009 had a retention rate of 81 percent. According to a survey conducted by U.S. News in 2010, 137 of the surveyed colleges had a retention rate of 90 percent.

With an increase in incoming freshmen every year, SU's retention rates continue to climb.

However, Dudley-Eshbach said that improving the sophomore experience for students was something that needed to be worked on, and SU offers many programs to help ease first year students into the collegiate world.

SU's Center for Student Achievement (CSA) looks to help students reach their full academic potential. With tutoring and workshops readily available, students have access to help all semester long.

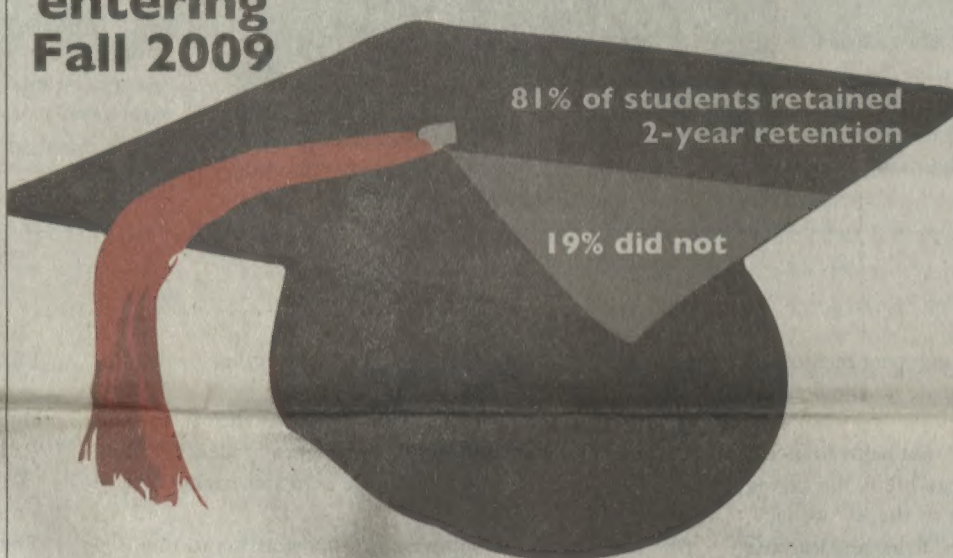
The CSA is also given notice of students who have received a 'D' or lower in their mid-semester reporting and make sure to offer additional help to get those students back on track. Between the University Writing Center and the Math Tutoring Lab, students are given many opportunities to succeed academically.

But student social interactions, or lack thereof, also have a large impact on student retention. SU offers several different social experiences that use a mutual interest to connect students.

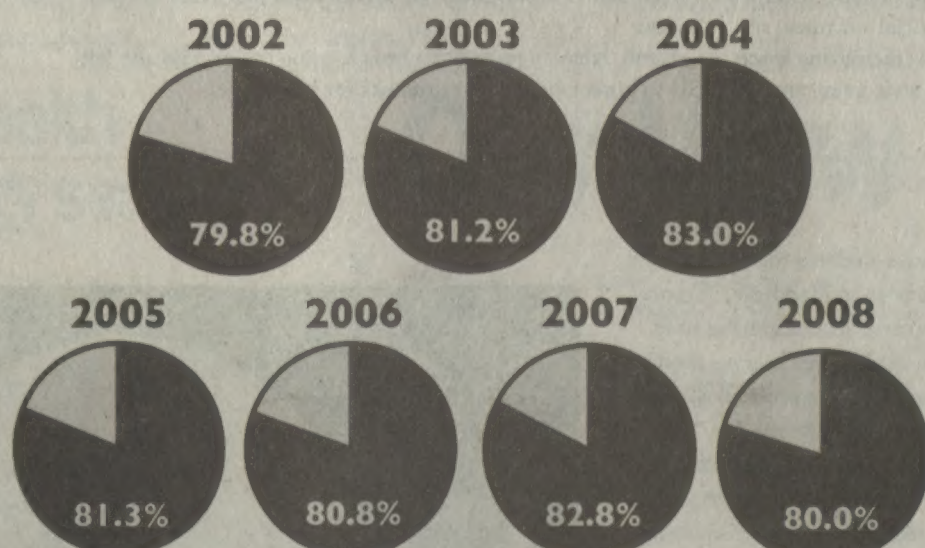
According to the SU website, Powerful Connections is "an intercultural orientation program for students of color." The program connects students with upper-

## Full-time First-time Students Retained 2-year Retention Rate

entering Fall 2009



1033 out of 1276 students returned their second year



statistics from <http://www.salisbury.edu/iara/>

See **FRESHMEN** on Pg. 2 Adora Bowman Graphic

## Dream Act could allow in-state tuition prices for immigrant Maryland teens

BY MAYRA MELENDEZ  
Staff Writer

It is one of the most disheartening feelings in the world. Just ask student Veronica Martinez how it felt when a school aid told her, "You shouldn't even try applying to college, there's just no chance they're going to let you in."

"It felt horrible," Martinez said. "I just felt crushed. There's no way to explain it."

Martinez's situation is that of many students in Maryland. They apply to a Maryland college and realize they are not going to be able to attend due to being charged out-of-state tuition. The reason for this is that they are undocumented.

Americans constantly emphasize the importance of education and the American Dream; yet this dream is not attainable to all. It is not reachable to those Maryland students who graduated high school at the top of their class with honors and are not able to pursue their dreams of an education due to their legal status. There is something being done to help these students, and Maryland voters are going to have a hand in doing so.

The Maryland Dream Act is a bill that will allow undocumented students to pay in-state tuition at Maryland public col-

See **DREAM ACT** on Pg. 2

# Cancer Prevention Study-3 gains support from SU and community



Ashley Sisselman photo  
Peninsula Regional Medical Center President & CEO Peggy Naleppa, SU President Janet Dudley-Eshbach and District 38 Senator James Mathias before the CPS-3 kickoff event in Holloway Hall on Wednesday, Sept. 26.

BY SARAH KRAUSS  
News Editor

One in three women and one in two men will be diagnosed with cancer during their lifetime, according to the American Cancer Society.

The American Cancer Society is recruiting 300,000 men and women between the ages of 30 and 65 to participate in the National Cancer Prevention Study-3 to understand the next generation of cancer and work toward prevention and a cure.

Renee Stephens, Lead Champion for the ACS, said that better screenings, treatment and early detection along with volunteers are essential to

See **CPS-3** on Pg. 2

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# Professor travels to Iceland with Fulbright Scholarship Program

BY MARIAH WAUL  
Staff Writer

Eugene Williams, biology professor at Salisbury University, is now among a list of 14 SU faculty members who have been recognized as Fulbright Scholars. For the 2012-2013 academic year, Williams will be studying the biology of Arctic fish in Iceland.

The Fulbright Scholar Program is a national competition in which a group of select students and faculty members get the opportunity to compete for merit based scholarships, which can be used to conduct research and to study an area of interest while abroad.

In the competition, the United States' federal and state governments decide how many scholars will be supported that year to travel abroad. The last several years have shown a trend in the awarding of three scholarships, two of which are aimed at a specific discipline and the other is open to all disciplines. For the 2011 year, Williams applied for the fish biologist position and was awarded that position by the Fulbright Commission in Iceland.

"All of the stars lined up, and I am here," he said.

While in Iceland, Williams will be continuing the research he embarked on during his 2010 and 2011 study abroad trips, namely how the cell membranes of fish and other fauna will adapt to the effects of global warming on water temperatures in the region. The biology course for study abroad was focused in International Field Studies and included a two-week program in Iceland in which students were able to observe fish, birds and some invertebrates. Williams and his colleagues have made plans to revise the course in order to allow all students the opportunity to study in the region.

"Starting this summer, one course will be a non-laboratory, general education course, Biol-105: Biodiversity of Iceland. That course will have no prerequisites and will be open to all majors," Williams said. "The second course will be mainly for biology majors and some others like environmental studies majors."

Williams said that the experiences and data collected on the study abroad trips helped to develop the Fulbright proposal, which expands upon his academic specialties which include the biology of cell membranes, comparative animal physiology, and biochemical adap-

tation to the environment.

"After those trips we were clearer about what we could do and where we could do it," Williams said.

As well as being a professor of biology at SU, Williams is also Vice President for Affiliate Affairs at the Washington Academy of Sciences, a member of the Maryland Sea Grant College Academic Advisory Council and President of the SU chapter of Phi Kappa Phi, an all-discipline honors society founded in 1897.

Based in the country in which research will be conducted, many faculty members that apply for the Fulbright award are required to speak a secondary language in order to be eligible for the award.

"Fortunately for me, Icelanders, almost all of them, are fluent in Icelandic, English and Danish. Many classes are taught in English," Williams said.

Having only English language proficiency, Williams has found himself in the unique position of being both an educator and a student while abroad.

"I am learning Icelandic, both formally in a class, and informally just by living here," Williams said. "It is a beautiful language that is a lot of fun to speak, but it is very difficult to learn."

Aside from the high level of academic merit and leadership capability that a scholar must demonstrate in order to receive the award, Williams said he attributes his award to good questions, good planning and good luck.



Submitted photo

## Freshmen

class students of color who can help through peer mentoring. These peer mentors are there to help acclimate new students to college life.

Another one of SU's popular programs that helps to incorporate students into the culture of college life is the Living Learning Community (LLC). According to the SU website, "living learning communities are specialized living and learning options offered to first-year students with similar interests."

Students with a common interest in nursing, biology, art and many other concentrations live together and are given great opportunities to strive academically and socially.

Some LLC students have traveled to New York City to see a Broadway play and others were given the opportunity to kayak around Jones Island State Park. Besides social ventures, students in LLC are provided many amenities in their living space: Study rooms, pool tables and unique suite style living are just

a few of the conveniences the program supplies for its students.

According to the SU website, research has shown that students who participate in LLC's earn higher grades, are more engaged in their academics and have a greater overall college experience.

SU provides ample opportunities for students to thrive in their new surroundings, but there will always be students who will not return.

Many reasons why students will not return for a second year are unavoidable. According to a study done by the University of Hawaii at Manoa, most students are not retained by the university due to health, financial situations or just a lack in motivation.

Kenly Khan, a journalism broadcasting major, said she left SU to pursue better opportunities for her future.

## CPS-3

Statistics from the American Cancer Society show that about 577,190 Americans are expected to die from cancer in 2012.

stopping cancer at the Tri-County Kick Off on Sept. 26, at Salisbury University.

"People often ask, will my participation make a difference?" Stephens said. "Research (from) 50 years ago has made a difference. I see this effort by the ACS as a crusade."

Cancer Prevention Studies 1 and 2 have led researchers to link smoking with increased cancer risks, as well as exploring the connection between obesity and cancer probability. The study is particularly relevant to the Delmarva region because cancer rates are 15 percent higher here than anywhere else in the state, said Peggy Naleppa, president and CEO of Peninsula Regional Medical Center.

"Someone's loved one from the lower shore will pass from cancer while we sit in this room this morning," Naleppa said. "Research is the foundation for the industry of how we learn to heal our populations."

Volunteers for the study must not have been diagnosed with cancer, except for basal or squamous cell skin carcinoma, provide waist measurements and small blood samples, and complete a comprehensive survey as well as a follow up survey every few years.

Although most typical SU students may not be able to participate in the study, they can encourage friends, family members and professors to

participate.

SU President Janet Dudley-Eshbach said students can make a difference when it comes to supporting cancer research, as seen through the large contributions made to Relay for Life each spring. Dudley-Eshbach said she, like so many, has been affected by cancer, with a particularly sad memory being the passing of her cousin at 6 years old.

"It is so important we put our energy and resources into finding a cure," Dudley-Eshbach said. "That is why I am a champion, and I urge all of you to be champions in this study."

The ACS is focusing on the affects of a generation that is sedentary for most of the day in Cancer Prevention Study-3. So far, 130,000 people have volunteered to participate from 34 states nationwide along with D.C. and Puerto Rico.

Senator James Mathias spoke of his personal fight against cancer, motivated by his wife, who passed from the disease. The Kathy Mathias Chemotherapy bill requires that insurance companies cover all cancer care costs equally, according to an article on WYPR News. Mathias said that the bill could potentially help 700,000 Marylanders with care costs.

"You know, you have to believe," Mathias said. "We are going to lead together, today."

Enrollment locations include Salisbury University and PRMC from Wednesday, Nov. 7 through Saturday, Nov. 10. To participate as a volunteer, visit CPS3TriCounty.org.

"We're going to continue to rally and find that cure," Mathias said. "It's here."

For more information on the CPS-3, visit cancer.org or cps3tri-county.org.

Volume 41 Issue 5

# EDITORIAL

October 2, 2012

## Overheard: How do you feel about the Orioles going to the playoffs?

Photos by Alexandria Young



"Very exciting, I was at the game."  
-Clara Shaller, Freshman



"It's incredible because I grew up around Baltimore and now they have a winning season."  
-Michael Asero, Sophomore



"Big improvement since they haven't made it in a while."  
-Casey Smith, Sophomore



"It's an exciting time to be a Baltimore sports fan."  
-Evan Hockel, Grad student



"Even though I'm not a fan of the Orioles, I think it's pretty cool and I'm glad they made it."  
-Lauren Webber, Junior

## Animals change perspective



BY CHRISTINE KANARAS  
Staff Writer

I never thought I could love an animal as much as I loved Bobo.

Bobo came into my life when he was 8-years-old and I was about 12 or 13. I never did get the joy of having a loveable pet in my early childhood, except for one or two fish.

One day, as I was dog-sitting for a neighbor, he told me that he did not really have the time to care for his dog anymore, since he worked such long hours. He offered to let me keep the dog and I was very excited.

I asked my parents and thought it would be an immediate "no." Instead, my dad said that we would keep him for a week-long test run to see how we liked him.

We all fell in love with Bobo right from the start, and it was decided that we would keep him and give him the family he deserved.

Bobo brought my family closer together; he brought excitement to



Christine Kanaras photo

Bobo the dog helped change his owner's perspective on life.

our lives and gave us many days of entertainment. He was loyal and protective and had everything I could ask for in a dog. He made me happy every day after school. I could just lie around and play with him and cuddle with him. Just looking at how cute he was brought instant smiles to my face; all pet lovers understand this bond.

Unfortunately, as with all things in life, there comes a day when a beloved pet passes away or, in my case, gets put to sleep.

Bobo became old and was, over time, having more and more problems walking. He was suffering, dragging his hind legs with every step. I was away at college when my mom called me saying that they

were going to have Bobo put to sleep. I could not bear the thought of him being put to sleep without being able to say goodbye. So the date was changed and he was to be put to sleep over winter break. His health was so poor that by the time I got home we had to put him to sleep within a week, right before Christmas.

I held Bobo in the car on the way to the vet and could not look at him without crying. It was the worst experience I had ever been through. Once we got there, the vet injected Bobo with some form of anesthesia, and as I watched, Bobo slowly fell into a peaceful sleep, but this was a sleep that would last forever. That was a

thought that took me a long time to accept.

It took me a long time to fully recover from the fact that Bobo was no longer in my life. But months later my friend's dog had puppies, and he offered me one. My mom was not ready for another dog, so I spent a month convincing her until she finally caved in.

My new puppy, Bella, is now about 6 months old, and I love her to death. I thought that after Bobo, I would never be able to love a dog as much, but I was wrong. Bella changed my whole perspective on life and love. The heart's capacity is enormous. We all have room in our hearts to love and love again.

## Stay on top of your health during cold and allergy season



BY MAKAYLA-COURTNEY MCGEENEY  
Staff Writer

Do you sit in your class practically cringing because a student across the room is hacking up their lung? And then, the next day you feel exactly the same way. That's right, allergy and cold season is here, and it jumped right on us without any warning.

Many people, like me, who have never had allergies, may all of a sudden experience itchy eyes, a scratchy throat and a runny nose during the spring and autumn months. This is completely normal and can easily be treated. Save a trip to health services by being proactive and identifying the sickly symptoms yourself.

The difference between colds and allergies can be separated by a few factors. Colds tend to last longer than some allergies do, and the indicators arrive one at a time. Colds can also lead to a harsher illness if certain situations get worse. People who have allergies experience the sickly feelings all at once, and they tend to fade in and out over the course of a few weeks due to the

pollination of plants and trees.

Getting a long and good night's sleep can help prevent you from receiving a cold. Keeping up on hygiene and the cleanliness of your surroundings is also important. We are all on our own now, away from home, where Mom isn't hovering over our every move and correcting our every mistake. It's time to learn how to maintain a fresh environment to ensure your body gets all of the healthy attention it deserves.

When clearing any dirty spaces, the first step is to own all necessary cleaning equipment. The next step is to remove any objects so that the surface(s) are open and ready to be cleaned. Take a Clorox wipe or Green Works spray and cover the area, then wipe spotless with a paper towel. It is crucial that if any friend or acquaintance enters your room with germs, the grounds must immediately be sanitized in order to continue your healthy streak.

The colors, smells, feelings and overall look of autumn is a joyful one, but if you are sick and stuffy during pumpkin carvings or football game parties, this season will surely be dreadful. Being on your own is the time to figure out who you really are, and to take care of your body because no one else will be there to do it for you. Don't miss out on fall festivities just because you were in a rush to skip washing your hands or spraying some Lysol around because that stuff smells great. Use your senses this season and keep your wellness in check.

## Our View

### Is there a need for Cool Beans to be open 24/7?

One of the most common complaints about Salisbury University is the lack of on-campus life after midnight, particularly on weekdays. A common suggestion is to have a place to eat on-campus that is open all day, every day. Cool Beans café is the location most frequently mentioned as the ideal candidate for a 24/7 hangout.

Cool Beans being open 24/7 would be nice, but to admit, their current hours are pretty damn good. They are already open later than any other food stop on campus. They are open from 7:30 a.m. to midnight Monday through Thursday, from 7:30 a.m. to 11:30 p.m. on Friday and from noon to 11:30 p.m. Saturday and Sunday.

Cool Beans is great any time, any day, but it is debatable whether a 24-hour schedule would help.

First of all, what student would be willing to work at 4 a.m. on a Wednesday, especially if they have class during the day? Management would have to pay them a hell of a lot of money, which they could otherwise be spending on researching new delicious smoothie flavors. Or, they could use that money to buy a nice printer to hook up to those awesome computers,

-Flyer Staff

## Dream Act

leges. The requirements state the student must have:

- 1) attended and graduated from a Maryland high school or obtained a GED
- 2) started high school in 2005 or after and received a diploma in the spring of 2008 or after,
- 3) the parents or guardians must have been paying taxes for at least three years, one of those years being while the student was still in high school,
- 4) must plan to attend college within three years of graduation,
- 5) first complete sixty credits at a community college before being able to transfer to a state school
- 6) provide an affidavit stating that he or she will file an application to become a permanent resident within thirty days after the student becomes eligible to do so.

Opponents of the bill say it will cost taxpayers money and attract more undocumented immigrants to Maryland. This is not true. The bill will not cost Maryland taxpayers money because Dreamers and their families contribute to Maryland's economy every day as taxpayers.

According to the Internal Revenue Service, undocumented immigrants contribute more in taxes than they consume in public benefits and are estimated to have contributed nearly \$50 billion in federal taxes between 1996 and 2003. The bill will not attract more undocumented immigrants to Maryland

because students must prove they have been in Maryland for more than three years and must have graduated from a Maryland high school. Opponents have also called the Maryland Dream Act "free tuition." This is also not true. Undocumented students will not and do not receive any type of financial aid.

Compared to other states' Dream Acts, Maryland's has the strictest requirements. The legislation is a sensible and practical one.

These are students who want to contribute to this country.

Thomas Boudreau, a Salisbury University Conflict Analysis & Dispute Resolution professor, puts it simply.

"These are students who in no fault of their own find themselves in Maryland. They were brought over here as children. This (The Maryland Dream Act) is about equal opportunity. This is about educating the best minds by letting them go to college," Boudreau said. "We can't afford to throw away brains—this is about an investment of our future."

The Maryland Dream Act will appear as Referendum Question #4 in the November Ballot. It will be under Public Institutions of Higher Education- Tuition Rates.

Dream Act Forum:  
Thursday, Oct. 4  
Wicomico Room  
7 p.m.

WEDNESDAY, OCTOBER 3  
4:30-7:30 p.m.

FEAST OF THE MOON FESTIVAL

Dim Sum • Bulgogi • Grilled Salmon with Orange Sauce • Asian Wings • White Rice • Buddha's Delight • Coconut Pineapple Tarts • Chinese Almond Cookies • Fortune Cookies

WITH A PERFORMANCE BY  
The Wong Chinese Lion Dancers (5-7 p.m.)

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Editorial Policy: Letters are welcomed and encouraged. Students, please include your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Wednesday at 5 p.m. Please email us the letters.

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The Flyer strives for accuracy and corrects its errors immediately. If you believe The Flyer has printed a factual error, please email us.



# Playing the dorm game



BY TYLER GRAY  
Staff Writer

We've all had those obnoxious people on our dorm floors that run around at two in the morning screaming bloody murder because they think they're funny.

We've all dealt with the cluster-mates that blast their music and bang on the wall, just in case you can't already hear them.

These people might be your friends during the day, but at night they're your enemies. The resident director, your teachers and even your parents may say to report it and let older, more experienced people handle it. But I say never!

How long does it take your complaint to reach someone in a position high enough to resolve an issue? Two weeks? A month? We don't have time for that kind of nonsense. It's college time ladies and gentlemen, time to stand up for yourselves! It's time to take action!

Obviously, ignoring the problem won't make it go away. And telling them not to will only make them want to do it more. It's like hanging up a sign that

says "Do not sing in the stairwell." Before you know it, we'll have a choir practicing in there. Luckily, I have come up with a simple set of possible solutions to your problems.

First of all, you could try sabotage. If there are girls running into your cluster at night, block the door with all of the garbage from your room. They won't want to try and pass it and risk falling in the disgusting trash. You could also make fake signs and post them in the hallway claiming that continued disorder in the late hours of the night will result in "possible punishment and/or eviction from the dorm." Nobody likes those drunk girls; trust me ladies, keep it cool.

You could also try outdoing the offender. If they are blasting some dub-step during study time, and they won't turn it down, make them know you are not to be messed with. Put in ear plugs and turn up the volume above bearable levels of sound and wait. Eventually they will lose their will and submit to your superiority. Once you've beaten at least five people on your floor at this game, you have the right to hang up a poster of a lion, symbolizing your right as king of the jungle.

If you're dealing with an issue that has happened recently, many "wise" adults will tell you to either talk it out or let it go. Now tell me Salisbury, where is the fun in that? It's an all-out war. The next thing

I'm going to teach you is revenge.

To keep it school-appropriate, I must condemn all inappropriate forms of trickery. But I can suggest a few clean alternatives. Your roommate has messed with the stuff on your desk? Duct tape all of his stuff to the wall. They left trash on your side of the room? Then stuff packing peanuts into their pillow. This really hits them at the core; right as they're about to lie down and drift into the world of dreams, they are rattled by the unfamiliar feel of Styrofoam on their heads. The satisfaction from ruining one of the most blissful moments of their day just can't be matched.

Keep it clean guys, but this is college. Don't go running to your resident assistant tattling on your friend and getting them in a ton of trouble. They could be having a dorm party and get an alcohol citation. Then who's the jerk? My point is that it's all in good fun.

Structure your pranks like a satire, proving your point but keeping it in good humor. Just remember these people are your friends and classmates, which gives you the right to get them twice as bad as anyone else. Oh, and don't tell the police I'm the one who gave you the idea if you go too far. That'd be what I call "uncool."

## Explosions and wild improbability: Has CGI destroyed film industry?



BY ASHA AZARIAH-KRIBBS  
Staff Writer

The last decade has seen some major improvements in computer-generated imagery.

Gone are the days of puppetry and clay modeling. Ill-disguised rubber bats suspended by string, and the stiff-limbed movement of stop-motion dinosaurs are a thing of the past. Computers have allowed the realization of a whole new plane of visual imagination.

Yet is the film industry better for this change?

The obvious answer would seem to be that it has. The magical splendor of the "Harry Potter" films and the impressive thunder of the immensely popular "The Avengers" could never have been achieved before the 21st century. And yet despite the well-hidden artifice and breathtaking realism, the world of film has perhaps lost a critical part of its attraction: that element that made viewers long for a larger-than-life experience in the first place.

This failing is in concept or, more plainly, plot.

A favorite and frequently used example is that of the "Star Wars" franchise. The original characters are unforgettable, the storyline engaging and enjoyable. Yet though the prequels carry on and even improve the tradition of imagined

spacecraft and lush alien landscapes, they fall almost entirely in character development and storyline. The plot twists are predictable and uninteresting. The stereotypically portrayed Anakin Skywalker and Senator Amidala fail to win in three films what Luke Skywalker, Han Solo and Princess Leia achieved in one—the respect of the average viewer.

More recent examples include "Transformers," an amazingly high-budget franchise. Despite breathtaking audio-visual effects and the impressive design, the fact remains that these films are based on toys. The rollercoaster ride planned here is not based on the ups and downs of intrigue, but instead emphasizes all that is simply shiny, new and loud.

Nonetheless, CGI itself should not be condemned for this flaw. If anything or anyone is to blame, it's the screenwriters. As Ronald Dotterer of Salisbury University's English department observes, "Most films today are made for a very young cohort...and subtle acting is more of a 'grown up' aspect."

Producers, directors and writers are wrong in assuming that eye-popping action is all the public requires. This may be one of the reasons why fewer people are buying theatre tickets than ever before, as critic Anthony Taormina notes in his September 2012 article, "Avengers' and 'Dark Knight Rises' Couldn't Save the 2012 Summer Movie Box Office".

"Between the first weekend in May and Labor Day, 'only 532 million tickets were sold—a tally that is 4 percent less than 2011,' noting that 'since 1993, when the tracking of tickets sold began, there hasn't been a number as low'."

David Johnson, who co-runs the film concentration program at SU said he believes that "what has changed [in films] is the speed with which we, as audiences, are encouraged to assimilate a great deal of visual and auditory information over a two-hour time span."

Associate English Professor Elsie Walker, who along with Johnson edits the journal "Literature/Film Quarterly," said she agrees that "the default position is that meaningful content gets sacrificed with the use of newer technology." She points to the classic musical "Singing in the Rain," which parodied the resistance to the transition from silent films to sound and suggests that "as the audience becomes used to the change, as in 3D, they are able to appreciate the advances."

There has never been a golden age when movies were perfect. No creative endeavor is without a weak link or two. And if today's films often lack edge and introspection in favor of colorful displays, there are as many old films that exhibit equal flaws. Even the recent surge of remakes has an optimistic edge, as Walker notes, since they "allow us to see differences in the interpretation of a story" with their "absolutely unique handling."

There is no denying old films are classics of their medium and some of them will never be outshone for what they are, but it's easy to look back on a point in time, select the best from the worst, group them together, and assume in light of the uncertain future that the old is superior. The future may not seem promising, but give it a chance. The outcome may be an intriguing twist in and of itself.

## Letter to the Editor

Congresswoman Donna Edwards of Maryland's 4th Congressional District and Democratic write-in candidate John LaFerla of the 1st Congressional District will be among the speakers on Saturday, Oct. 6, from 1 to 3 p.m., at a rally for women's rights in Easton's Idlewild Park.

The rally, sponsored by the Democratic Women's Club of Talbot County, will also hear from Bishop Charles Cephas of the Full Gospel Church of God in Hurluck, Dr. Mila Kofman of the Georgetown University Health Policy Institute, state Delegate Heather Mizeur of Takoma Park and Washington Times columnist Catherine Poe. This "Rally Against the War on Women" is the only Women for Obama event planned in Maryland during the presidential campaign.

"The point is to educate women about just what they have to lose in the upcoming election if Barack Obama is not re-elected," said Joyce Scharch, president of the club.

Rally organizers said that Republicans would have a radical effect on the lives of millions of American women. The Paul Ryan budget, which Republican presidential candidate Mitt Romney said he would sign if he had the chance, would fundamentally change Medicare and Medicaid, both of which disproportionately benefit women. Romney has promised to destroy Planned Parenthood, which provides a variety of health services to women. Ryan and Romney both support a

constitutional amendment to declare that a fertilized egg has all the rights of a person, which would ban all abortions and most common forms of birth control, and make a miscarriage a reason for a criminal investigation. The Republican platform vows to outlaw abortion with no exceptions for rape, incest or to save a mother's life.

Rep. Edwards is considered a rising star in national politics and is a frequent guest on TV news programs. She is known as a strong advocate for women's rights, including the Lilly Ledbetter Act, which helps ensure that women are paid the same as men for doing the same work, and benefits such as insurance coverage for health screenings and contraceptives that are included in the Affordable Care Act.

Dr. LaFerla, an OB-GYN physician from Centerville, is running against incumbent Congressman Andy Harris. Harris voted against the Affordable Care Act and against other efforts that would benefit American women. Harris also opposes the Lilly Ledbetter Act. LaFerla said that recent Republican comments about "legitimate rape" and whether woman can "shut down" the pregnancy process during rape are "a giant step backward and one more example of the Republican Party's War on Women." His write-in campaign is supported by the Maryland Democratic Party.

—Jane Bailey

## What to watch for in the presidential debates



BY STEVEN CENNAME  
Editorial Editor

The first presidential debate between President Obama and Governor Romney is on Wednesday, Oct. 3, and it will be the first of three (not including the vice presidential debate) that will lead up to the finale of this long election season on Nov. 6.

Although polls have shown that only about 5 percent of the electorate is undecided, these debates are still seen by Obama's campaign as the opportunity to seal the deal to victory, while Romney's campaign sees them as a much-needed opportunity for a comeback.

College students' support is a valuable asset sought by both campaigns. Here are three things that may be included in the debates that undecided (or even decided) college voters should listen for:

**1: College students and Obamacare: Will the ability to stay on our parents' health plans until age 26 be preserved?**

Obviously, President Obama strongly supports the Patient Protection and Affordable Care Act and, while admitting it can be improved, has made it a campaign point to defend the part of the law that allows children to stay on their parents' health care plan until age 26. Governor Romney, on the other hand, has flip-flopped on this issue.

Even though the president's health care bill is based on Romney's health care bill in Massachusetts, Romney has said repeatedly that he plans to repeal Obama's entire health care bill. However, on "Meet the Press" a few weeks ago, Romney reversed his position saying that he plans to keep some parts of health care reform, including the age 26 provision.

Then, hours later, Romney's campaign sent out a memo claiming that the candidate's position is to

repeal all of Obama's health care reform. It will be interesting to see which of these two different positions Romney will embrace during the debates.

**2. Where do the candidates stand on college loans and financial aid?**

Obama and Romney have also taken very different approaches to this issue. At a campaign stop in New Hampshire in August, Romney said he does not believe government should be in the student loan business because it "makes students dependent on government." He also said college students who wish to attend college but can't afford it should "shop around or ask your parents for money." Obama has attacked Romney's position saying that the former governor does not understand that not every college student has parents who are able to lend them money. Obama has touted his student loan reform on his website. Obama's "Pay As You Earn" plan caps monthly student loan repayment at ten percent of monthly discretionary income and breaks down benefits depending on where a student lives. Romney still needs to establish his views on this issue, which have been uneven since his campaign began. The debates are an opportunity for him to do that.

**3. Um, about that war?**

Yes, college students still care about the War in Afghanistan, which continues to cost the United States billions of dollars a month. Many college students are serving overseas while many others have close friends and family serving. A recent poll from Pew Research Center shows that 78 percent of college-aged students want the War in Afghanistan to be ended. President Obama has made it clear that he plans to stay true to his timetable that ends the war in January 2014. Romney did not even mention the war in his convention speech. Romney has flip-flopped on this issue as well, criticizing the 2014 timetable at some times while saying he will honor it at others. The issue is bound to come up during the debates, and it will be interesting to see which position Romney takes.

## PARTY GIRL PROBLEMS



BY ABIGAIL COLBY  
Party Girl Problems Columnist

**1. Take a beer bong.** I know they're intimidating and often times messy, and for you girls, it's safe to say there's nothing less flattering than chugging a foamy brew through a plastic

tube, half of which will most likely end up on your dress. But you've have to take the plunge at least once, or the chug rather, because college really is the only time it will be even mildly acceptable to execute a beer bong and keep some shred of dignity. The pain only lasts for about ten seconds, and the glory will last a lifetime.

**2. Visit one of your professors during their office hours.**

Look, most professors don't love the fact that they're required to sit in their offices for an extended period of time when they could be out and about running errands and having highly intellectual conversations with their colleagues. So stop in to say hello. Even if it's just for clarification on a topic you already have a solid handle on, or you guys just bro out for 10 minutes, the distraction may be more appreciated than you realize. Even better approach? Have an interesting article on hand based on their topic of study (so probably not this one), and you'll end up a step ahead of the class and have an advantage that might help out your grades down the road.

**3. Go full force to a theme party.**

Ask any recent graduate about the bar scene as a young professional, and most will tell you it's a lot more expensive and a lot less wild. And while a bar full of well-dressed people discussing work, politics and their mortgage over 10 dol-

lar vodka tonics may seem truly intriguing to you one day, now is the time to roll around dressed as a redneck or 80s girl without catching too many looks of confusion and horror. Or even better, throw your own theme party! It's hard to take yourself or anyone else seriously at one of these, and it's even harder to have a bad time.

**4. Order Natty on draft.**

Nothing says College Night like walking around sloshing the world's finest beer out of your cup while making the rounds. While this drink may scream sophistication to you now, there is a very limited time frame where you can chug Natural Light and still manage to snag a decent chick and forego looks of judgment from other bar guests. But be aware that you might have a tough time getting a bartender to give you a second glance after your first one, as you're almost certain to be labeled a cheap tipper (if you remember to leave one at all). Better double up on the first round.

## THE ADVENTURES OF SHIRLEY HOLMES

### Puzzling Reflections

Featuring Claire DuVer and I. P. Laurey

**DuVer:** I. P., there you are! Pop quiz—what do you think? Is the supernatural real?  
**Laurey:** There is no denying there are things beyond our understanding.

**DuVer:** So you believe in, like, ghosts?  
**Laurey:** G-ghosts? No! Of course not! I'm a skeptic.  
**DuVer:** Hmm. That's a cute butterfly...on your shoulder.



**DuVer (aside):** But where IS his shoulder?!

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SPECIALIZING IN STUDENT RENTALS!



## Avoid caloric danger at The Commons

BY PETE HICKS  
Editor-in-Chief

Everybody hears about the Freshman 15 when they get ready to go off to college, but many students disregard the warnings or weight gain and consume a feast at The Commons every day.

A quarter of college freshmen gain 5 percent of their body weight, an average of 10 pounds, during their first year of school, according to The Nutrition Journal. However, the true danger doesn't lie in the extra pounds but in the hidden health risks that come with them.

University Dietician Kate Cerulli has worked at Salisbury University for 15 years, and she said the health issues that have arisen recently are frightening to her.

"The thing that scares me a little bit is that when I started here, the main concerns that students had would be regarding weight," Cerulli said. "But now I have students come to me with elevated cholesterol levels, with pre-diabetes, and those were things that I never saw in people under 20."

Obesity is a serious problem for children and young adults now, and having unlimited access to food at The Commons while simultaneously being given freedom from parental control is not helping.

The three most dangerous

types of food for SU students are sugary drinks, fried foods and desserts, Cerulli said. She recommends looking at the Café Express menu every week and picking out two items to eat in order to avoid ending up at Gold N' Crispy at every meal.

"Any food that goes swimming through hot fat comes out on the other side a lot more calorie-dense," Cerulli said.

There are plenty of healthy options at The Commons that are low in calories. Plato's Plate is where many of the more nutritious options have been condensed so that students can find them more easily. All options that have a heart next to them on the menu have less than 35-percent calories from fat.

Looking at what food is being served that is good for the body and mixing it with less healthy options is key to maintaining a healthy weight.

Planning out meals ahead of time is the most convenient way to avoid overeating at The Commons. But that doesn't mean that sugary food can't be eaten sometimes.

"Every day, every meal, every minute, you can change the choices that you make, and I don't even think that you have to eat healthy all of the time," Cerulli said. "If you're eating healthy 80 percent of the time, especially college students be-

cause they're younger and they have higher calorie requirements, you can have a treat even every day. But you have to be careful."

Calorie intake isn't the only factor that contributes to weight gain in students. Lifestyle choices affect the body as well.

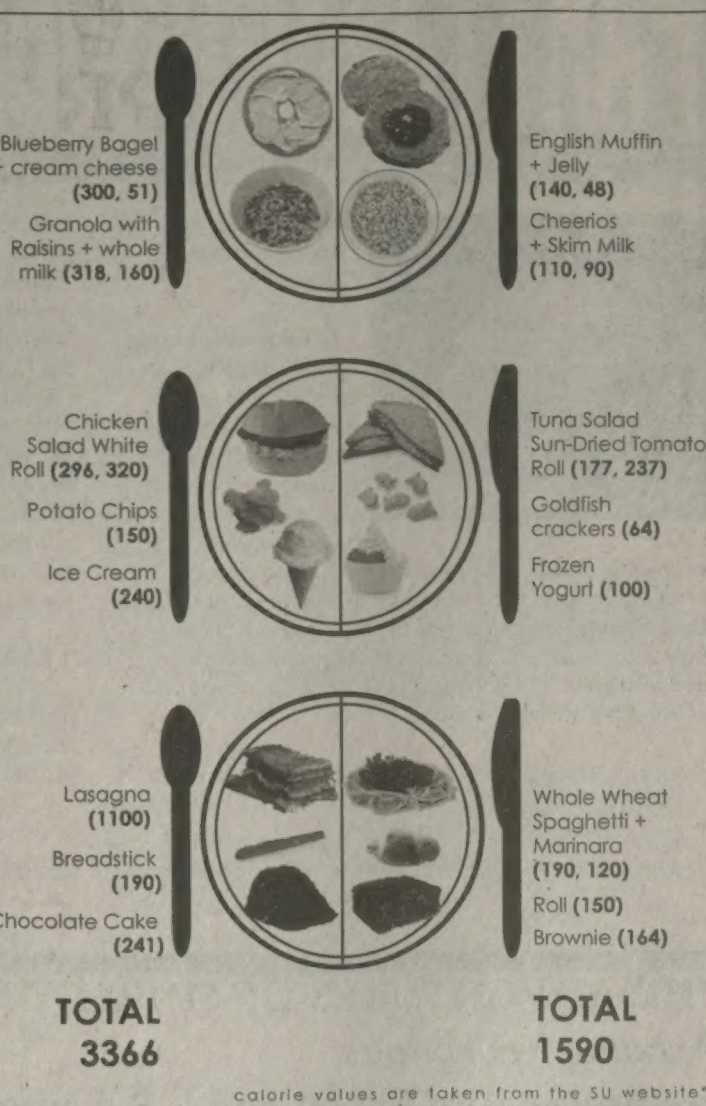
Increases in calories from alcohol, more social situations that involve eating, less physical activity and excessive sleeping all contribute to weight and health, according to the Brown University Medical School.

"We tend to blame The Commons, but you have to examine what you are doing when you're not in The Commons," Cerulli said.

The Commons usually ranks in the 90th percentile in the annual survey of the National Association of College and University Food Service, showing that The Commons is healthier than many other dining services around the country.

"There are a lot of different things going on in (The Commons) so experiment," Cerulli said. "Try different things and have an open mind because there's a lot of interesting foods out there and we try to serve a lot of them in for students to rest out."

When dining at The Commons, it is important to keep track of the nutritional values per serving, which can be found at the SU Dining Services' webpage. For instance, a breakfast, lunch and dinner plan could easily add up to 3,366 calories, with 136.5 grams of fat. This number does not include beverages, snacks or any additional condiments.



Adora Bowman Graphic

When dining at The Commons, it is important to keep track of the nutritional values per serving, which can be found at the SU Dining Services' webpage. For instance, a breakfast, lunch and dinner plan could easily add up to 3,366 calories, with 136.5 grams of fat. This number does not include beverages, snacks or any additional condiments.

men and women ages 19 to 30. Men should consume 2,600 to 2,800 calories each day, and women should not exceed 2,000 to 2,200, according to livestrong.com.

However, there are healthier alternatives. A second meal option only totals 1,590 calories and 40.6 grams of fat. This leaves plenty of room for morning coffee, midday Cool Beans smoothies and late night snacks.

## Radio, a lost art?

BY ASHIA AZARIAH-KRIBBS  
Staff Writer

The Internet has changed media access in ways no one could have ever imagined.

Websites such as Project Gutenberg have broken the monopoly that libraries once held on hard-to-find texts and material for research papers. Netflix's "Watch Instantly" and Amazon's "Instant Video" have undermined the value of theatre trips and expensive cable television.

Now, the Internet threatens the popularity of traditional radio.

YouTube, of course, is a frequently-visited site for music videos, but dedicated sites like Pandora are traditional radio's true competitors. An informal survey of around 70 Salisbury University students found that about 55 percent prefer Internet radio to traditional broadcast radio, partly because of its easy access to a wide range of musical genres.

Pandora offers customized radio stations that allow the listener to create a music station that plays tunes geared directly to their personal taste, which is impossible for a traditional radio to offer outside of listeners' called-in requests.

And then there's the problem

of news. Mike Dunn, Interim General Manager and Director of Corporate Support at SU's on-campus Delmarva Public Radio station, said he believes most young people are simply not interested in listening to the news. Classical music (WCLC) and NPR News Talk (WSDL) are genres that both generally appeal to listeners over the age of 50.

Dunn said the station attempted to attract younger viewers, but soon abandoned the idea.

"Economic reality set in, and NPR decided to focus on its core, older audience, an audience craving news and information," he said.

However, Delmarva Public Radio still attracts young adults with occasional stories designed to interest them such as one produced by SU students on last year's "Punkin Chunkin'" event in Bridgeville, Delaware.

Last semester Dunn was invited to speak in a class on the media. He said a quick survey showed that out of 40 students aged 18-22, seven had never listened to the radio.

"Ten years ago every student would have listened to the radio, (but) there are simply more options today," he said.

Yet in The Flyer's survey, just over 5 percent said they never

listen to radio. Approximately two-thirds of the students reported listening to the radio at least one hour a week, although less than 7 percent said they tuned in for more than 5 hours. The most popular station for students was the country station (WKTT) at 44 percent, closely followed by the student station (WXSU) at 43 percent.

Nonetheless, Dunn said he believes strongly that radio will always be around for news and music.

"Talk radio is still very popular and its listenership is at an all-time high across the country," he said. "Also, audience numbers go up dramatically every four years because of the interest in the ongoing presidential election and because we broadcast the debates live."

Although most students do prefer entertainment over news, there are some who say they would have to see NPR go. Junior Mike Bengtson said he is upset that the local station is not doing well, because he has grown up with public radio.

"I would hate to see them go," he said. "NPR is a great station that my whole family enjoys," he said. "I was practically brought up with NPR when I visited (my) grandparents."

## Behind the Help Desk: New operators make IT user-friendly

BY EMILY MEGAN COX  
Staff Writer

"Help Desk. This is Marissa. Are you faculty, staff or student?"

Marissa Montfort-Puryear, Salisbury University senior and one of eight new student phone operators at the Help Desk, said many people are surprised to hear a live person on the other end when they call. The student phone operators are a new addition this year with the goal of making the process of solving the technological problems of both students and faculty members more streamlined and efficient.

Kevin Malone, Information Technology Help Desk manager and full-time staff member explained the ins and outs of the IT help desk.

When someone calls into the desk, the phone operator directs them to the appropriate person to help solve their issues. Faculty members speak directly with full-time staffers, while students are directed to their peers for help troubleshooting.

"We want the students to be able to focus and train so they can get better and help their peers," Malone said.

He said the idea of having students deal with the concerns of other students is that they are better equipped to handle problems they have faced themselves in the past.

"A lot of the students don't have access to faculty programs so they would be at a disadvantage to help them with those problems," Malone said.

When students call in or visit the Help Desk they receive the guidance of consultants, which Malone describes as possessing a "trouble shooting thought process."

"(It's) kind of like having a plan A, plan B (and) plan C in your mind," he said.

Malone also explained the four different jobs that students have at the

help desk. Malone describes lab techs as the help desk's "front line support," assisting their peers with technical difficulties in the computer labs.

Student consultants have gone through the extra training necessary to take phone calls. The highest level of student employee in the IT department is the student lab manager. This job goes to the department's most adept students, who have been working there for the greatest amount of time. Lab managers serve as a sort of middleman between labs and full-time staff.

All the positions work together with the end goal of serving the IT needs of SU's student body and faculty. They all seem to agree that the addition of student phone operator helps to streamline that process.

Sophomore student consultant Jonathan Aiken said without phone operators, the department would be more hectic and disorganized.

"I think it's easier because the phones aren't ringing," Montfort-Puryear said. "It's a separate entity."

Students can get support by going to the Help Desk in TETC 113 or by calling 410-677-5454

Monday-Thursday: 8 a.m. to midnight

Friday: 8 a.m. to 5 p.m.

Saturday: 10 a.m. to 8 p.m.

Sunday: noon to midnight

Adora Bowman graphic

## ASL PROFESSOR BRIDGES DEAF AND HEARING CULTURES

Amanda Biederman graphic

BY ALEXIE MALLOY  
Staff Writer

Professor Rita Campbell has an unusual challenge when it comes to teaching American Sign Language. She happens to be Deaf herself, and her students are generally hearing.

Campbell, an Alton, Ill. native was born Deaf due to her mother's Rh factor, which is a type of protein on the surface of red blood cells. However, communicating with the hearing community is natural to Campbell, since she is the only person in a family of five who was Deaf.

At 5 years old, Campbell began living at the Illinois School for the Deaf located in Jacksonville, staying there until she graduated high school. She then pursued her Associates & Science degree from Florissant Valley Community College, and later earned a Bachelor of the Arts in Communication Arts from Gallaudet University in 1986.

Campbell said she first began teaching ASL while studying at FVCC, when an instructor asked her if she would be interested in tutoring another student.

"I took the opportunity to see if I liked teaching or not," she said.

Campbell said she ended up tutoring more than 60 students in two years, eventually helping her decide her future.

Since then, Campbell has held various job positions as a sign language teacher. She taught at Lewis & Clark Community College, Catonsville Community College, Delaware Tech, Wor-Wic Community College and finally Salisbury University, where Campbell has been an instructor since 1998.

Campbell teaches her students the basic structure of ASL and of Deaf culture, tendency and issues.

One of Campbell's students, senior chemistry major Andrea Becker, said communication was difficult at first.

"The first class was dead silent the whole time because we didn't really know how to react to anything," Becker said. "After a few classes I learned how to take notes on the different signs so I would remember them when practicing later, and if I was ever confused, I could just call her over to correct me without worrying about looking stupid."

Campbell uses many techniques to communicate with stu-

dents who cannot thoroughly sign, including gestures, pen and paper, computers and pagers.

"She communicates mostly through signs that we know, and if we don't, she uses the board to write down what she wants to tell us," Becker said.

Campbell said she enjoys teaching ASL because it is rewarding to break the communication barrier.

"I'm fully enthusiastic and energetic to teach hearing students as I love to see them learning something completely new," Campbell said.

Governor Martin O'Malley declared last week Deaf Awareness Week, according to the Governor's Office of the Deaf and Hard of Hearing. The organization's website said all Marylanders should become aware of Deaf citizens and gain respect for their unique culture.

"It is in the interest of the State to work together to ensure that those who are Deaf have equal and full access to resources, services, and opportunities for participation in all aspects of community life," said O'Malley in a public statement.

## Health Report

BY SARAH WOODS  
Health Columnist

Last Thursday, the Maryland Health Care Reform Coordinating Council held a meeting to decide on the benchmark insurance plan for the state.

According to the Affordable Care Act, all states must select a health benefit plan that covers a core set of essential health benefits. Once selected, the plan will act as a benchmark by which all other plans in the state will need to follow by 2014. This will ensure that each plan available will at least cover the core essential health benefits.

"By selecting the State's benchmark for its essential health benefit plan, Maryland is continuing its leadership in implementing health care reform," said Lt. Governor Anthony G. Brown at the meeting. "I want to thank the 27 members of the Essential Health Benefit Advisory Committee, who took the time to analyze the benefits of each plan to ensure that Marylanders have the best, most affordable coverage available."

The HCRCC had ten different

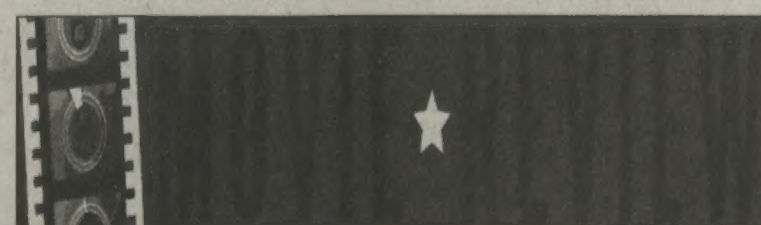
## Council selects Maryland's essential health benefit plan

health insurance plans to take into consideration when choosing the plan that would serve as the essential benchmark. The council chose the State Employee Plan as the plan that will serve as a benchmark for core essential health benefits.

"This is one critical step in the effective implementation of the Affordable Care Act in Maryland," Department of Health and Mental Hygiene Secretary Dr. Joshua M. Sharfstein said. "We are grateful for the valuable input from stakeholders and council members."

Many council members said they are pleased with the progress Maryland is making toward the implementation of the ACA.

"We are pleased with the Council's selection today of the State employee plans," the Co-Chairs of the Essential Health Benefits Advisory Board, University of Maryland physician Dr. David Stewart and Calvert Memorial Hospital President and CEO Jim Xinis said in a statement. "The selection reflects the views of the majority of stakeholders and will provide Marylanders a comprehensive set of benefits."



David Ayer's new film, "End of Watch"

BY LINDSAY SIEBERT  
Staff Writer

Screenwriter David Ayer, known for "The Fast and the Furious" and "Training Day," puts a whole new spin on the clichéd cop drama genre in his new film "End of Watch."

To get an idea of what it's about, think of the classic reality show "Cops," but on steroids.

The film, which hit theaters Sept. 21, stars Jake Gyllenhaal and Michael Peña as young and overconfident Los Angeles police officers who get assigned to patrol the "south side" of the gang and drug-ridden city.

The pair is like Beavis and Butthead to the L.A. police force. They play jokes and break rules that should force them to give up their badges, but this only seems to build their brotherly bond, which is put to the true test upon a disturbing discovery that puts them in the line of fire.

Most of "End of Watch" is shot like a homemade movie through the eyes of Gyllenhaal's character. The camera is often shaky, which serves to make the thrills and chills of the film that much more realistic.

The narrative is built like mini-

episodes in a day in the life of an L.A. cop. The viewer literally "rides shotgun" with the team as they go on calls around the city making dramatic arrests and stops which are often related to gang violence.

If you can handle the anxiety, you're in for an emotional ride. It may be cliché to say that the film makes you laugh, bite your nails and eventually cry, but "End of Watch" has the ability to do just that.

Despite the heavy action and incredible on-screen chemistry between Gyllenhaal and Peña, major pieces of the narrative are left up in the air when the credits roll. The question of "what happens next?" is inevitable. Though the ending of this being a realistic narrative, it is a gut-wrenching experience nonetheless.

What we're left with is a story about two police officers facing life-threatening danger every day of their lives but aren't afraid to still live as humans and not superheroes.

If you're into films that wake you up to the unfortunate reality of today's world, go see "End of Watch." You're sure to find a new appreciation for law enforcement and their families.

## DJ co-hosts liven up WXSU with music and humor

BY LAUREN BOYD  
Staff Writer

"Rebirth Radio" is one of the many shows on WXSU, Salisbury University's student-run radio station. The show's on-air personalities, seniors Zach Heeter and Steve Hall, also known as DJ Z-Man Experiment and DJ Request, could not be a better pair.

Heeter and Hall have been friends since the second day of school when they bonded over the fact that they were each wearing a band's t-shirt that the other respected. When Heeter needed a co-host for his show, he said it was as easy as Hall saying, "Hey dude, I'll be your partner."

Hall said the purpose of "Rebirth Radio" is "bringing good music to good people," and the duo refuses to adhere to anyone else's standards.

"Radio always has to conform, either to top 40, country or anything else," Heeter said. "We believe you should be able to play everything on the radio."

Heeter and Hall said they choose songs to air that fit within what they call the 3 Rs: rock, reggae and rap.

While a recording studio may

seem like a serious place, Heeter and Hall's studio is far from boring. Jokes are exchanged between songs, usually at each other's expense. Sometimes they even take the playful bantering on air.

"We make fun of each other, and people love that," Heeter said. "If it's all work and no fun, you're not going to get anything done."

The lighthearted atmosphere Heeter and Hall create is brought to all other aspects of WXSU as well.

"Sometimes we'll be in the middle of a meeting, and we'll take a 15 minute break to talk about what we'd all do if there really was a zombie apocalypse," Heeter said. "We like to have fun with it."

WXSU has an entire room dedicated to CD's sent to them by record companies who want to test the college market before their target market.

"It's cool because we were playing songs like (Gentleman) in Paris for a month before they became popular," Heeter said.

The co-hosts said they don't spend a lot of time preparing for their shows. Heeter said they often choose a song about 10

seconds before it goes on. "It's a lot of improv, and it's a lot of team chemistry," Hall said. "We just play whatever we feel like."

Hall said he had always been encouraged to try hosting radio. "People have always told me that I have a voice for the radio, so why not try?" he said.

With a smirk on his face, Heeter shot back a retort. "You know why people have always told you that?" he said. "It's because you don't have the face to be on TV."

There is a request number offered on WXSU's website, but when a listener calls in, they are always met by the same response from DJ Request: "I don't take requests because I already know what you want to listen to."

Heeter and Hall get paid a grand sum of \$23.50 per year to be on the air, but Heeter said he doesn't do it for the money, but because he simply enjoys it.

To become involved with WXSU, "You just have to show your face around," Hall said. "Come around and talk to us so we can get to know you."



Photo by Lauren Boyd  
WXSU DJ's DJ Z-Man Experiment and DJ Request aka Zach Heeter and Steven Hall.

### Correction from the Sept. 25 issue:

There was an error in the article "Beyond Plato's Plate" in the Sept. 25 issue of The Flyer. The article stated that "Meatless Monday" is a day invented so that for the 6 days a vegetarian does not

eat meat they can have a day to go against their vegetarian ways and consume meat. "Meatless Monday" is a day for non-vegetarians to choose a day where they do not consume meat.



## Unique Steampunk fashion embraces Victorian style

BY ASHA AZARIAH-KRIBBS  
Staff Writer

The steampunk trend may be fringe, but it is a definite sign of the attraction 19th-century clothes holds for many.

Inspired by popular science fiction writers of the Victorian era, among them Jules Verne and H.G. Wells, steampunk encompasses an entire genre of books, music and clothing meant to express a sense of old-world adventure and durability in a modern age of science.

Steampunk consists of three divisions. The first is unmistakably inspired by the Victorian era. The second is post-apocalyptic, "something like the fashion in the Mad Max movies," as Brenda Nelson writes in her March 2012 article "What is Steampunk Fashion?" The third is an old western style.

Due to its increased popularity since the release of the film "Sherlock Holmes: A Game of Shadows," as well as Alan Moore's concept of the "League of Extraordinary Gentlemen," and for its notable edge on Halloween costumes in vampire capes and top hats, this article will focus on the Victorian branch of steampunk.

The essence of Victoriana is simple and easily achieved without unreasonable expense. The basic tenants are, at a glance and for a masculine quality, long-sleeves, any pants but blue jeans, and either leather boots or an unobtrusive pointy-toed shoe. With rare exception, shoe color must be black. Accessories to the look consist of a coat, long or short—both depending on the weather—and, of course, a scarf always adds an element of Dickensian appeal. Vests add one more element of historical authenticity.

A familiar example of this offbeat style, if slightly faded, battered, and overtly eccentric, would be Tom Baker in his '70s role as the Doctor in the British "Doctor Who" series. Less over-the-top would be David Tennant

reprising the same role as the Doctor's tenth incarnation.

A more overtly feminine mode consists of the same essentials. Just add lace, and possibly a skirt. This may seem to lack edge in its simplicity but, as author of "Steampunk Archetypes" Diana Vick writes in her 2009 article "Dressing Steampunk: How to get started," accessories are the key to the look.

"Your accessories can go a long way towards conveying the steampunk mode," she wrote. Goggles are a favorite add-on, as are items "with a sinister aspect." Even an iPad, cell phone or wristwatch completes the ensemble's aim of Victorian elegance melded with shiny gears and gadgetry.

While steampunk fashion need not be expensive, there are sites where it is possible to buy a high-quality outfit made specifically in this style. "Retroscope Fashions" is an online market for the Victorian Lolita style that fits perfectly with the best of steampunk. The "Gentleman's Emporium" and "Recollections" are two other popular online stories with an eye-catching selection. And of course, Amazon.com is by no means least as a vendor of accessories.

Several annual gatherings provide steampunk lovers, aficionados and beginners alike, with an outlet for creative expression among like-minded participants. From Oct. 5-7 there is OctopodiCon, a steampunk convention featuring a little of everything for everyone and advertising the attendance of colorfully named guests of honor, Professor Elemental, Dr. Grymm, Peter Pixie, and Ay-Leen the Peacemaker.

Steamcon IV, "Victorian Monsters," would be the perfect place to spend an early Halloween in gothic style. If only Seattle, Wash. were a little nearer to Salisbury, Md. But with continuing interest, who is to say steampunk's offbeat Victorian flare won't soon find an audience even on this quiet Eastern shore?

## Another Round with Justin

BY JUSTIN ODENDHAL  
Photo Editor

With the change into fall, some interesting ales may show up on your local beer store's craft shelves.

Headlining the way are two of the great pumpkin beers available, and both are from right on the Eastern Shore: Evolution Craft Brewing Co.'s Jacques Au Lantern and Dogfish Head Brewery's Punkin Ale.

Despite these two micro brew powerhouses being just a bottle's throw apart, their signature pumpkin ales are far from clones. Both recipes start with the basic intentions of showing the dynamic flavors of pumpkin, but each takes their own distinct paths. The pour color, the smell before the sip, almost everything is different.

Dogfish, being located in Delaware, holds a close bond with the annual Punkin Chunkin event, for which the beer is named after. The recipe even won the 1994 contest at the event, which was before the brewery physically opened. Despite the higher alcohol content, the Punkin Ale has a much lighter taste, something to keep you warm throughout the chilling fall days without filling you up.

Unfortunately for the Dogfish Punkin, keeping the beer simpler doesn't work as well as it could. Despite the taste being a strong hook to bring you in, caramel is the major flavor to hit your mouth, and after there is not much to hang on to.

The fall pride of Salisbury's Evolution Brewing Co., Jacques Au Lantern, is obviously a much newer mix, but follows a similar start.

Using basic pumpkin pie spices and pumpkin mash, Evo looks to be your standard fall warmer, yet has something special.

As with all other Evolution beers, the brew master is constantly perfecting the recipes, which is easy to see in the Jacques. The mix of pumpkin pie spices is the real highlight of the beer, with the cinnamon and clove being the stars, instantly putting you at Thanksgiving dinner.

Comparing these two ale's starts at the pumpkin and ends there, with the two Eastern Shore beer stars producing products for different audiences. Dogfish, being the older sibling of the coast, has gotten the Punkin to where anyone can pick up the pint glass and enjoy.

With deep flavors and what might be an acquired taste, the Evo Jacques Au Lantern stands out to be a stronger, almost heavy drink. Next time you walk into your favorite beer-vending establishment, take a risk on a new flavor, with pumpkin ale's being one of the tastiest introductions to the craft-brewing world.

### Justin's Pick:

Evolution Craft Brewing Co.'s Jacques Au Lantern

## Walk because you can for ALS research

BY ASHLEY SISSELMAN  
Layout & Copy Editor

Members of the Salisbury community and surrounding communities gathered at Pemberton Historical Park Saturday morning to support Amyotrophic Lateral Sclerosis research. Better known as Lou Gehrig's Disease, ALS is a very rare progressive neurodegenerative disease that affects brain and spinal cord nerve cells.

ALS causes the death of motor neurons, resulting in the inability for the brain to initiate and control muscle movement.

The Robert Packard Center for ALS Research at Johns Hopkins reports that about two out of every 100,000 people are affected a year by ALS. Although rare, ALS is extremely fatal, affecting 5,600 people in the United States every year. The survival rate of those affected with ALS is relatively short-term. Half of those affected live at least two years after diagnosis, but long-term survival is very unlikely.

ALS currently has no known cure or treatment to prevent its progression, so research for this fatal disease is significantly important. There are no ethnic, racial or

gender factors linked to ALS patients.

At the Walk to Defeat ALS, participants including Mayor Jim Ireton gathered to raise money and show support to those affected. Walkers successfully surpassed the ALS Association's goal by surpassing their \$20,000 goal ending with \$22,400 for the cause.

Salisbury local Robert Ortiz was in attendance of the walk, and was the top fundraiser for the cause. An ALS sufferer himself, Ortiz helped raise awareness with his personal story through a documentary filmed by SU alumnus Jonas Gottlieb. Mayor Jim Ireton declared Sept. 29 the official ALS Awareness day for Salisbury.

Visible signs of ALS are thinner-looking muscles on limbs. Early symptoms of ALS include muscle weakness in the legs and arms, as well as speech, swallowing or breathing problems.

To watch Robert Ortiz's documentary on YouTube, visit [www.youtube.com/watch?v=DWhca8aykUg](http://www.youtube.com/watch?v=DWhca8aykUg).

For more information on ALS, or to find an upcoming walk, visit [www.alsa.org](http://www.alsa.org).

Volume 41 Issue 5

# SPORTS

October 2, 2012

## New NFL deal puts refs back in action

BY DAVID CABRERA  
Staff Writer

Crisis averted. People on Twitter and in the media can relax for now. At midnight on Thursday, the National Football League and the NFL Referees Association finally agreed on a deal to get the regular refs back on the field.

On Thursday night, when the Baltimore Ravens played at home against the Cleveland Browns, there were real officials calling the games for the first time since the Super Bowl in February. The fans in Baltimore were so happy to see them back that they gave the referees a 30 second standing ovation.

Since June, referees and the NFL could not broker a deal. Commissioner Roger Goodell and the owners of NFL teams did not want to give into referees' demands, therefore, the game suffered for the whole world to see.

This past week, all anyone could talk about was the missed call at the end of last week's Monday Night Football game between the Green Bay Packers and the Seattle Seahawks.

Seattle had the ball on fourth down deep in Packers territory. Their only chance to win was to throw a "Hail Mary" pass in the end zone. The quarterback for Seattle, Russell Wilson, threw it and cornerback, M.D. Jennings, of Green Bay caught it but a Seattle wide receiver, Golden Tate, managed to put a hand on it at the last second.

In a ruling that was repeatedly explained on the Monday night

telecast and on news programs for days to come, by rule, if both players come down with the ball and have simultaneous possession of the ball, the offensive player gains possession. In the Monday Night Football game, Tate had possession and the calling ruled a Seahawks touchdown with Seattle winning the game.

After the game, Packers players were tweeting out their displeasure, some derogatory in nature, such as Packers offensive lineman T.J. Lang. Some were more cryptic like Packers' tight end Tom Crabtree, who believes his team was, "beat by the 13th man."

Watching games throughout these three weeks, there were plenty of questionable calls, but the main issue throughout this debacle has been how little control the referees have had on the action on the field. During the Ravens versus New England Patriots game last week, there were so many little skirmishes after the whistle, almost as if a UFC fight was going to occur between the two teams.

There have been coaches such as the Patriots' Bill Belichick and Redskins Offensive Coordinator Kyle Shanahan, that have been fined for disparaging remarks made about the replacement referees. According to an ESPN poll, 50 percent of fans polled said that the calls made by replacement referees were embarrassing and that half of those fans would have stopped watching football because of it. Luckily, the problem was solved and that ugly episode is

over for the NFL, players, coaches and fans.

What did the referees get out of the new deal with the NFL? According to USA Today, the referees get a salary increase to \$173,000 and it will go all the way up to \$205,000 by the time the new NFL/NFLRA agreement runs out in 2019. Also, the referees will get a 401(k) contribution from the league which will increase from \$18,000 in 2012 to \$23,000 by 2019. Lastly, the NFL got the referees to agree to give them five referees for, as USA Today notes, "training and development" purposes.

During the Browns vs. Ravens game Thursday, the field felt more controlled. It was smoother than any other game this season. There were only two calls by the referees that came to mind as questionable. The first call, being a personal foul called on Ravens' safety Bernard Pollard, resulting in a Browns field goal, which cut the Ravens' lead to 16-10.

The other call, another personal foul call but this time on Baltimore linebacker Paul Kruger, helped keep the Browns last-second drive in the fourth quarter alive, but it ended with an incompleteness in the back of the end zone. The Ravens won 23-16.

With game one with the referees back in the books, everything seems to be getting back to normal in the NFL. Well, whatever normal is for the most popular league in the world.

## Athlete Spotlight

### Leland Thomas



Photo courtesy of Facebook.com

BY AMY MCFARLAND  
Staff Writer

The Salisbury Sharks are national contenders year in and year out and junior flanker Leland Thomas is a big part of that success. Thomas is a native Marylander, who is an Exercise Science major with an Allied Health track. Thomas took time to give some insight into the sport of rugby and what makes it unlike any other.

**How did you pick Salisbury?**

I picked Salisbury University based upon its small size, the fact that it had my major and it was in state.

**How did you get into the sport and when did you first start playing rugby?**

As a freshman I was looking for physical activity to do to keep me in shape and give me something to do in my down time. A good friend of mine, David Burnett, convinced me to come out for the team, and it was history from that point on.

**What is your favorite part about the sport?**

One of my favorite parts about the sport is the fact that it has the constant game flow of soccer, yet the contact that is involved with football. With going to Florida, Tennessee and Utah in years past, I also like the fact that rugby has given me the opportunity to see different parts of the country. But what I like the most about rugby is the fact that it has surrounded me with a group of guys that I can now consider lifelong friends.

**Your position is flanker, what role does that play on the team?**

In the game of rugby there are two different types of positions: Backs and Forwards. They can be compared to skill position athletes and linemen (respectively) of football. Just as tight ends in football are known to be a type of hybrid player, a flanker in rugby is a hybrid position that can play like a forward and back both defensively and offensively. Flankers are primarily known for making consistent tackles and having very fluid offensive play.

**What are your best attributes?**

I feel as if one of my best attributes is the fact that I'm a defensively oriented player. Making solid tackles on a rugby pitch is an essential part of the game.

**The team is one of the best in the country. Is the goal always a national championship?**

Always.

Come out and support the rugby team en route to a National Championship by coming to their last two regular season home games. The first game is Saturday, Oct. 13 at 1 p.m. on the intramural fields vs. George Washington University and the last one against their biggest conference rival, Towson University, is Saturday, Oct. 27 at 6 p.m. at the intramural fields.

## SU Volleyball Dominates in Double Header

BY ASHLEY MARTIN  
Staff Writer

Salisbury University's volleyball team defeated both opponents, Rivier University and Virginia Wesleyan University, in Saturday's games.

Women's volleyball (21-1, 3-0) beat Rivier University 3-0 in Saturday's opening game.

"We knew coming into the game that Rivier had a pretty good record," said Margie Knight, head coach. "We expected a challenge from this team."

Rivier came out of the starting gate with a kill, earning the first point of the game. SU took over the lead and maintained it for the remainder of the first set after a service ace by Kacey Franz.

Rivier made a close attempt to take the lead, trailing behind by two, 24-22. Coach Knight called a timeout right before Rivier's serve.

"I do that sometimes to disrupt the server," Coach Knight said. "If the serve is out of bounds then the game ends and we win."

SU won the first set of the game 25-8.

The second set was the closest of all three sets with three ties and two lead changes toward the end of the match. Rivier started the game with six straight points and held the lead for most of the game. SU came back into the competition and tied the game 15-15 after a service ace from Kelly

Viera.

"We started passing more in the second set," setter Carley Todd said. "That's how we came back and won."

The third set ended in victory for the Salisbury team as well with kills and attacks from team players Ashlyn Tapey and Kelly Viera, along with service and attack errors from Rivier. SU closed out the third set in a 25-15 score.

"Coming into this game, we were sure to strengthen our block," Coach Knight said. "Once the block is in sync, good things happen."

SU demonstrated their hard work in practices during Saturday's games. Their practices generally consist of service, receive and passing drills for the first part. The last part includes game play and scrimmaging to prepare for competitions.

"I try to keep practice fresh and change drills a bit," Coach Knight said. "If we work as a team in practice to achieve a goal, then we'll come out on the court as one."

The next opponent SU faced on Saturday took the team to a five-set game. Virginia Wesleyan University (14-5) gave SU a competitive game.

The first set of the game ended with SU on top for the start of the game as they won the first set 25-19. Once again, the second set of the match was the turning point of the game. WVU defeated SU 25-21.

"WVU made a lot less mis-

takes than Rivier," team player Michelle Meehan said. "The important thing was to come back on top from the loss."

VWU took over the lead of the game when they won the third set 25-23.

"They have several offensive weapons," Coach Knight said. "They're a more balanced and much older team."

SU stayed in the competition and defeated WVU in the fourth set 25-21, tying the game 2-2.

"We were mad that we were losing 2-1 on our home court," Meehan said. "We fought back and made a lot less mistakes."

After a WVU attack error made the game 23-20 with SU in the lead during the fourth set, the crowd roared and cheered for the Salisbury team.

"Although WVU came with a lot of energy, we have a great supporting bench and fans," Meehan said.

SU closed out the competition during the final set, defeating WVU 15-12.

"This was a great and very competitive team," Coach Knight said. "But we just try to play like us and try not to worry about the other team."

SU volleyball will play Johns Hopkins University next on Wednesday at 7 p.m.



Justin Odendhal photo  
The Flyer file photo.

## EVENTS CALENDAR

Tuesday, 10/2	Wednesday, 10/3	Thursday, 10/4	Sunday, 10/5
Writers-On-The-Shore: Edward P. Jones Wicomico Room, 6 p.m.	Feast of the Moon The Bistro 4:30-7:30 p.m.	Jeremiah Chiu Lecture Fulton Hall 111 5 p.m.	Catholic Mass Scarborough 5:30-6:30 p.m.
Riall Education Lecture HH Auditorium 7:30 p.m.	Brazil Identity Lecture Great Hall 7 p.m.	<b>Saturday, 10/5</b>  Sea Gull Century	<b>Monday, 10/8</b> Dance: Forro Holloway Lawn 5 p.m.
	Dream Act Forum. Wicomico Room 7 p.m.	Women for Obama rally Idlewild Park (Easton) 1-3 p.m.	Book Sale Blackwell First Floor 8 a.m.-2 a.m.



# Mooney Comes Up Big in overtime

BY GEORGE KIRIAZOGLU  
Staff Writer

The Salisbury women's soccer team hosted the Stevenson Mustangs on Wednesday at the SU soccer complex.

Both teams fought back and forth the whole game, but in the end it was senior midfielder Erin Mooney who scored off a penalty kick with 31 seconds left in overtime. This goal soared past the Mustang goalkeeper and gave the Sea Gulls the 1-0 victory.

A handball called against Stevenson resulted in a penalty kick that gave the Sea Gulls the opportunity they needed to win the game. Freshmen Victoria Luc and Julie Dannenberg both had shots blocked by the Stevenson goalie late in the second half of overtime. In a scramble to gain possession, a Mustang defender landed on the ball giving the Sea Gulls a penalty kick. Mooney positioned the ball perfectly on the left side of the net and snuck it past the Stevenson goalkeeper.

"I was a little nervous, but I focused on placing the ball on target," Mooney said. "This was a great win."

Salisbury and Stevenson both had opportunities to score, but neither team could finish in regulation. In the 19th minute of the game, sophomore goalkeeper, Michelle Conrad, almost scored from midfield on a free kick. This was an

exciting moment for the Sea Gulls, but Stevenson saved the ball.

Prior to overtime and with 10 seconds left in regulation, the Sea Gulls almost scored again. Mooney sent a free kick in front of the Mustang goal, but unfortunately the timing wasn't right and possession was handed back to Stevenson.

Goalkeeper Michelle Conrad had another shutout performance in goal and would record her fifth shutout game of the season. In her career she has tallied 10 total shutouts. In this game, Conrad had five saves and a crucial one came in the first half of overtime, in which she had to jump and punch the ball over the net; a save she has become familiar with. Stevenson had 23 shots to Salisbury's 15, but only five shots were actually on target for Stevenson.

The Sea Gulls never gave up and fought until the end of the game. This was a well-deserved win for Salisbury and surely gave them a boost of confidence heading into their next game.

"Going into overtime, the team didn't drop mentally or physically, and I was pleased with how they played," said Head Coach Jim Nestor.

The Salisbury Sea Gulls will be heading to Virginia on Saturday to take on Marymount University. On Oct. 6, Salisbury will be hosting Frostburg State University in a Capitol Atlantic Conference match that will begin at noon.



Justin Odendhal photo  
The Flyer file photo.

# Insanity Groups Stay Strong at Maggs Gymnasium



Amy McFarland photo  
SU students and faculty participate in group Insanity workout in Maggs.

BY AMY MCFARLAND  
Staff Writer

As the semester gets in full-swing and schedules get busier, it's hard for students to make the hike to University Fitness Cub to utilize the gym's workout programs. Many students have found a solution by engaging in the Insanity workout that has arrived on campus at Maggs Gym.

The workout video begins with a warm up jog, some high knees and butt-kicks and then bam! Before you know it, Insanity instructor Shaun Thompson is yelling for some sprints in place, squatting jumping jacks and push-ups.

"All about speed and power," the shirtless instructor repeats, as he and his group of sweaty participants engage in demanding cardio sets.

Along with the agonizing cardio boosting activities, stretching and balance are also emphasized in the workout. To keep muscles from tightening and cramping, the video instructs participants to stretch between many of the sets. Several 30 second water breaks are taken, allowing everyone to take a breather between the most intense parts of the workout. During the workout, it was clear that several were returning participants, while others were new to Insanity. While some students had to stop to take a small extra break, others remained diligent and fought against the urge to stop.

One of the returning participants, Colleen Costello, gave her initial reason to join the Insanity craze.

"I just wanted to get in shape and I've heard really good things about Insanity," she said. While Costello and many others have taken advantage of this opportunity, not everyone

knows how the class began at Maggs.

Dr. Michael Vienna, the Athletic Director at Maggs, described how Insanity began there.

"When we opened our University Fitness Club, we started what I then, and still believe now, is a vibrant group exercise program, but it appears that that group exercise program hits those students that live in that vicinity," Dr. Vienna said. "Our goal has been to try and introduce more group-fitness activities for those on-campus students and the faculty and staff."

Vienna noted the surprisingly large turnout that Insanity received when it was first introduced.

"We didn't send the notice out until late afternoon on the Friday before the first week it began, there really was not much advertising," Vienna said. "We had 107 people the first day, and to be honest I anticipated only 20 people."

This confirmed that there was a demand for more on-campus group fitness opportunities.

While Vienna helped introduce SU to Insanity, he gives credit to Arthur Lembo, a geography professor who was a fan of the workout and the first person to speak up about the idea. He also attributes Matthew Nien, Manager of the Facilities and Fitness Programs and Eric Price, the University Fitness Club Manager, to the program's success.

Although the Insanity group remains at large numbers of around 50 to 80 students, there's always room for more if you are thinking about taking on the challenge. The class is on Monday, Wednesday and Friday at noon and 11:15 a.m. on Tuesdays and Thursdays.

"Don't give up," said Helen Aulisio, another regular in the class. "You just have to mentally prepare yourself for it."

# Lockout Puts NHL Season in the Lurch

BY COREY SZNAJDER  
Staff Writer

Back in 2005, the National Hockey League had to cancel the entire season due to a lockout.

This incident was a public relations nightmare for the league and changed the way the game was played forever. Despite positive signs, such as a multi-year television deal with NBC Sports and game attendance being up in recent years, the NHL has decided to lock their players out yet again, leaving the upcoming season in jeopardy.

The root of this problem lies in the league's Collective Bargaining Agreement (CBA), which is a contractual agreement between the team owners and the players' association that dictates factors such as how much players are paid per season, how much hockey-related revenue is shared between the different team owners and determining maximum term lengths on rookie contracts.

The previous CBA expired on Sept. 15, and a new one has yet to be agreed upon, which has resulted in the NHL being in a similar spot to where they were seven years ago with the players being in lockout.

So far, all the lockout has done is cancel training camp and all

of the pre-season games, but there are some fans who fear the worst, given what happened in 2005. The NHL has shown that they aren't afraid to shut down an entire season and it's possible that they might do it again. There is still some hope as the players' association and team owners met for the first time since the lockout was announced.

Fans might be hoping for the best, but this is still going to be a long process because the two sides are so far apart on these issues. The owners of big market teams such as Toronto and Montreal may not be willing to share what they feel is "their income" with franchises like Phoenix, Florida and Columbus, who are trading water financially.

In addition, the owners are not prepared to offer the players as much as they were hoping for, as indicated by their initial proposal, which would give the player's 46 percent of the NHL's hockey-related revenue; which is down from the 57 percent they initially received and would diminish players' salaries by quite a bit.

The owners have a net worth of a billion dollars, but with the NHL making the smallest income out of the four major professional sports leagues, including the NFL, NBA and MLB, it seems that they want to be more conservative with their funds. The players, however, feel they are worth more than that and

the owners have the money to pay them. This is where opposing sides differ and the executive director of the NHL Players' Association, Donald Fehr, is going to do his best to make sure the player's get their fair share of the cut.

While this is all going on, many of the NHL's top players are signing contracts to play in leagues overseas to stay fresh for the season, whenever it may start. Some of the NHL's biggest stars including Alexander Ovechkin, of the Washington Capitals and Evgeni Malkin, of the Pittsburgh Penguins, have joined Russia's Kontinental Hockey League (KHL). Other players, including some of the NHL's finest young talents such as Ryan Nugent-Hopkins and Jeff Skinner, have been sent to their club's American Hockey League affiliates to play while the NHL gets their issues sorted out.

When we will see these players back in an NHL rink is a good question. With the season slated to begin on Oct. 11 and the owners and players' association only beginning talks now, it looks like the NHL will have a shortened season, barring a miracle within the next couple of weeks. Much like the last lockout, this leaves the fans in a helpless situation because all they can do is wait it out.

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**TRY OUR NEW FROM THE SEA ITEMS!**

- Shrimp platter**  
Lightly battered shrimp served with cocktail or tartar sauce
- Scallop cakes**  
lightly breaded and fried served on a slider roll with cocktail or tartar sauce
- Calamari Strip Platter**  
lightly breaded strips with cocktail or tartar sauce
- Clam Strip Platter**  
Large battered Clam Strips with cocktail or tartar sauce

**Gulls Nest Hours: 11am-11pm (mon.-fri) 5pm-11pm (sat-sun)**

October Smoothie Of The Month:

## Vampire Smoothie



Yogurt, peaches & coconut cream blended with ice.

**16 oz. For \$2.99**

Also available at Mr. Arthur's Café in Perdue Hall.

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